# Turkish women in sports

Nazmiye Muslu Muratıi



#### WHO IS SHE?

• She is a Turkish paralympic weightlifter





- She is a handicapped woman with 2 world records and many gold medals for her country.
- She is a role model for many women in Turkey.

### Her life

Who is this powerful woman?



- She was born in Konya in 13th June 1979
- She has a congenital hip dislocation disease
- she started weightlifting when she was 25 and started to play sports with the encouragement of her family and close friend in 2004
- when she first went to the stadium with the force of her friend she didn't feel like she belonged there
- she was the only women in the weightlifting category
- In the begining of her journey the federation didn't want any women in the team but her determination changed the federation's idea

- When she first started she didn't think she could have made it this far
- when she was leaving for her first
   Europe tournement her father didn't
   have any idea about anything and he
   found out about her achivement from
   the national newspaper.
- She said that her life started to change after her 2008 championship.
- she said that she got criticized by the society.
- She said in one of her interviews that she didn't feel different form other athletes just because she is handicapped



### HER PERSONAL ACHIEVEMENTS

- she got the 4th place in the paralympic summer games
- she broke her first Turkey record in 2010
- and also in 2010 she broke the world record and won a gold medal for weightlifting
- in 2012London Paralympic games she broke the world and paralympic record and won a gold medal
- in 2012 she won Namık Sevik gratitude price
- with her 104 weightlifting record in Dubai she won another gold medal
- in 2016 she had lifted 104 kilograms in Rio paralympic games and made Turkey proud with another gold medal

## "DON'T LET PEOPLE TELL YOU THAT YOU CAN'T DO ANYTING"

laurie hernandes

## Thank you for listening!