

WOMEN IN SPORTS

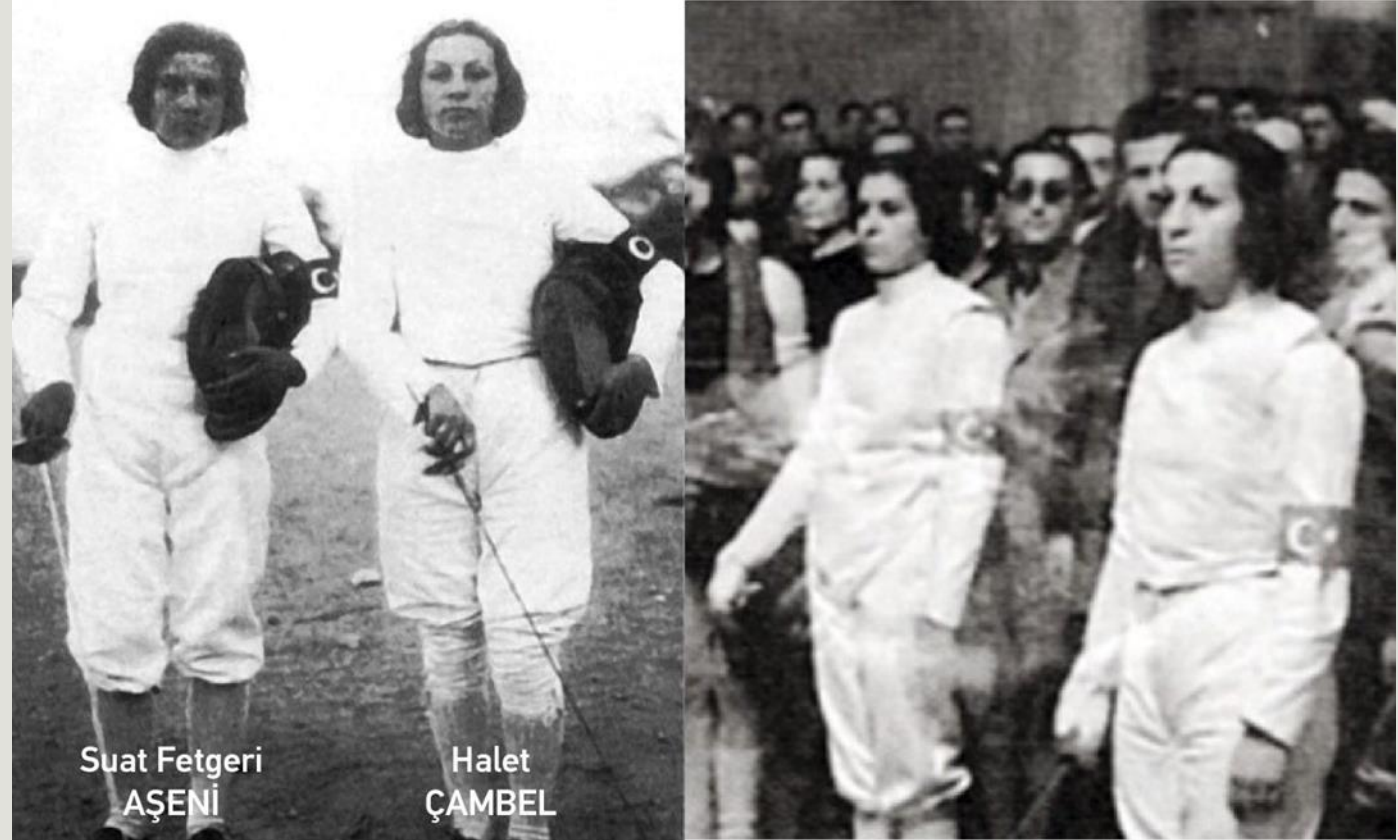
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PIONEER WOMEN OF SPORTS

In the late 1800s and early 1900s, women began to form informal athletic clubs.

The first Turkish female athletes at 1936 Summer Olympics





Erasmus+



How many female athletes we know?



The first Turkish female wrestler to win a medal in the Olympics

Yasemin Adar is a Turkish freestyle wrestler competing in the 76 kg division.

She was born in 6 December 1991 in Balıkesir.

After finishing Gaziosmanpaşa High School, she studied physical education and sports in Balıkesir



The Beginning of Her Journey

Adar was discovered by former Turkish champion sport wrestler Aslan Seyhanlı while she was performing shot put during her high school and university years. She then switched over to wrestling in her hometown.



World Champion for 2 Times



She is a two-time World champion and five-time European champion

She also won one of the bronze medals in the women's 76 kg event at the 2020 Summer Olympics in Tokyo, Japan.

"I'm trying to show the power of Turkish women."

Woman of Firsts

She is the first World Wrestling Champion in Women's Freestyle in Turkey.

She is the first European Wrestling Champion in Women's Freestyle in Turkey.



Her Wrestling Career

Yasemin Adar achieved her first international success with the gold medal she won in 72 kg at the Mediterranean Games held in Mersin in 2013.

In 2016, she won the gold medal in 75 kg at the European Wrestling Championship held in Riga, the capital of Latvia.

She also pinned the World Champion Chinese Paliha Paliha (5-0) while she was ahead and won the Gold Medal.

At the European Wrestling Championships, she defeated her Russian rival Ekaterina Bukina in 76 kg and became the gold medalist for the third time in a row.

"There's nothing a woman can't achieve if she just wants it."



THANK YOU FOR LISTENING! 😊

RESOURCES

<https://www.wikilogy.com/biography/yasemin-adar/>

<https://www.aa.com.tr/tr/dunyadan-spor/yasemin-adar-yigit-ikinci-kez-dunya-sampiyonu/2685405#>

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